

Contents

Pg. No.

1. Abhidhammatthasangaha

Lesson I	- Pakiṇṇaka: Miscellaneous	1-10
Lesson II	- Vithi: Mental Process	11-28
Lesson III	- Vithimutta: Passive Mental Process	29-46

2. Seminar II on Research on, and Mūla Applied Abhidhamma

Lesson I	- Advantages of studying and practising Abhidhamma	47-56
Lesson II	- The Light of the Universe	57-72

3. Matika

Lesson I	- Applied Thought Triplet (Vitakka Tika)	73-77
Lesson II	- Triplet of States eradicated by First Path (Dassana Tika)	78-80
Lesson III	- Limited Triplet (Paritta Tika)	81-83
Lesson IV	- Cluster of Root-related Couplets (Hetugocchaka)	
	- 1. Root Couplets (Hetu Duka)	84-87
Lesson V	- 2. Rooted States Couplets (Sahetuka Duka)	88-90
Lesson VI	- 4. Couplets of Roots that Have Roots (Hetu Sahetuka Duka)	91-94
Lesson VII	- 6. Couplets of Non-root that Have Roots (Na hetu Sahetuka Duka)	95-97