CONTENTS	
	page
Manuscript and Cover Permission Numbers	ii
Preface Preface	iii
Translator's Note	
Contents Contents	vi
DHAMMA PADETHA VOLUME I	
1. Noble Saddhā Likened to the Hand	
2. Discard the Outer Covering, Take the Essence	6
3. Dependable for Womankind	75.75
4. A Model of Good and Bad	
5. Let the Body Suffer, not the Mind	16
6. Longevity of Human Life	19
7. If You Wish to Have Peace, Enter a Meditation Cen	tre 21
8. To be Worthy Sons and Daughters	
9. A Reminder by Lord Buddha	26
10. Three Ways of Noting Vedanā	28
11. Four Types of Devotees	32
12. Unseparated at Present and Meet Again in the Future	e 35
13. Impossible to Repay in a Hundred Years	
14. Five Benefits of Dāna	41
15. Emancipation Only Through Dhamma	46
16. Accumulate and Share the Merit	50
17. Eating the Right Way Brings Merit	54
18. Great Happiness if Faultless	57
19. Proper Maintenance of Wealth Means Happiness and Prosperity	64
20. Paying Respects Benefit both Parties	68
21. Vipassanā Meditation should be Practised	72
22. Insight can be Gained only by Overcoming Vedanā	77

23. Choosing Meditation Centre to Realize Dhamma	82
24. Ordain as Dullabha Monks to Gain Benefits	84
25. Revere Those Who See Both Sides	89
26. Saccā Mantaṁ: the Good and the Bad	92
27. Four Kinds of Right Living to Reach Good Realms	97
28. Four Good Opportunities to Realize Dhamma	100
29. Slowly and Speedily, Should be the Way	104
30. Eradicate Akusala Like a Poison Tree	108
31. Noble Kathina Robe Offering, but Once a Year	114
	122
	127
34. Like the Buddha-to-be, Perform Your Supporting Dutyl	
	140
	147
	154
	161
[12] [2] [2] [2] [2] [2] [2] [2] [2] [2] [170
	176
DHAMMA PADETHA VOLUME II	77
	77
	81
	87
	92
	96
	201
	205
	211
	215
	119
	224
12. Doing Meritorious Deeds on the Fullmoon	200
	227
	240
	252

15.	Noble Knowledge to be Esteemed	257
	Abhidhamma, the Time for Joy and Elation	265
17.	Ordination Halls (Sima)	270
	Happiness Acquired by Guarding the Dhamma	276
19.	Success in Mundane (Lokiya) and	
	Supramundane (Lokuttara) World	280
20.	Ovāda Kathā that should be Followed	285
21.	The Month of Tazaungmon (Kattika) to be Esteemed	290
22.	Knowledge about Transition of Life	297
23.	Dreams and Their Causes	303
24.	Sāsana at a Place in Myeik	307
25.	Four Factors to Perceive Dhamma	312
26.	Words of Advice by the Sayadaw of	
	Saddhammaransi Meditation Centre	317
27.	Facts about Kamma	320
28.	Acquiring the Noblest Four	326
29.	Women Aspiring for Buddhahood	331
30.	To be Happy in the Mundane World	336
	Conclusion Dhamma Padetha Volume II	341
RE	JOICING & SHARING OF MERITS	342