

Table of Contents

- (1) Paying respect to the Triple Gems.
- (2) Paying respect to the Teacher.
- (3) Forward.
- (4) Preface.
- (5) Life story of Sun Lun Sayadaw.
- (6) Answering the questions as a novice, questions asked by the Yay-Lai Sayadaw of Meik-hti-lar.
- (7) Answering the Yay-Lai Sayadaw's questions concerning certain prophetic sayings current in those days.
- (8) Answering the questions as a novice asked by the Nyaung-Lunt-Sayadaw of *Piṭaka* fame.
- (9) Becoming a full fledged *Bhikkhu* life and the Sayadaw's first sermon expressing joy.
- (10) Request of Daw Shwe Yi and U San Tin.
- (11) Daw Shwe Yi builds a monastery for U Kavi at Maung Yin Paw ravine.
- (12) Answering the questions asked by the Phet-pin-aing Sayadaw of *Piṭaka* fame during Kason (May) of 1287(ME) at the Abyarr village in Bago Township.
- (13) Demarcation of a *Simā* atop mount *Nemindara* near Thaton.
- (14) Answering the questions asked by the Gyok-pin Sayadaw U Tikkha.
- (15) Answering for the second time the questions asked by the Phet-pin-aing Sayadaw, Sayadaw U Puñña and U Jāgara at Moe-daung village in 1287 ME.
- (16) Answering the questions asked by the four Sayadaws.
- (17) Answering the questions asked by the Venerable Taungthar Sayadaw U Aggavamsa, *Agga-mahā-panṭita*, Head of the *Samgha* Council, at Taungthar Town during Wasou (raining retreat) of 1292 ME.
- (18) Beginning of Sayadaw U Kavi residence at the Sun Lun Chauk Kyaung (now rename Sun Lun Gu Kyaung).
- (19) Sermon on the *Dhammacakka pavattana Suttana*.
- (20) Discourse on the *Paṭṭhāna*.
- (21) How *Magga nāṇa* eradicates the Latent Defilements (*Anusaya*), the three Worlds, the three Insight Knowledges, the three *Pariññās*, the three *Vatṭas*, the five *Ñeyyadhamma*.
- (22) Answering questions asked by Ex-Prime Minister U Nu, during the Sayadaw first visit to Yangon, during Wagoung (August) of 1310 ME.
- (23) Discourse on the Seven Attributes of a Virtuous Person.
- (24) Discourse on the four Conditional Factors — *Kamma*, Mind (*Citta*), Climate (*Utu*) and Nutrients (*Āhāra*) that sustain Material Life.
- (25) The meaning of :- the four Dead Things, the four Living Things, Butt-joints, Hook-joints, Ring-joints.
- (26) Meeting of Sayadaw U Kavi and Daw Ngwe Bon, an *Anāgāmi* (Non-returner).
- (27) The attributes of *Dhamma*.
- (28) Discourse concerning Set-Kyar-Daung.
- (29) Discourse on *Dhammavihāra*.
- (30) Discourse on the five things that Lay-Female supporter know well.
- (31) Discourse concerning *Paṭācāri*.
- (32) Discourse on obstacles put by son-in-laws and envious daughter-in-laws.
- (33) Discourse concerning Maung Toke Kyee.
- (34) Discourse on *Pok-ma-Cetanā*.
- (35) Discourse on Meritoriousness and Demeritoriousness.
- (36) Methodology of meditating for Calm and meditating for Insight.
- (37) The story of the Sky-lark.
- (38) Discourse on the Five Enemies.
- (39) Discourse on how the *Samsarā* process occurs and how the *Samsarā* process is stopped.
- (40) Visit by the Italian *Bhikkhu* Venerable Lokanātha.
- (41) Officiating at the demarcation of a *Simā* at the Bauk-htaw monastery (Yangon) on the 14th waning day of Tabauung (March), 1313 ME, on the repeated requests made by U Tin Pe and Daw Thein Khin, the donors of the monastery.
- (42) The Passing away to *Nibbāna* of the Sun Lun Sayadaw.
- (43) The building of the Than-Tha-Yar-Aye Pagoda.
- (44) Extract from a discourse made by the Venerable Lokanātha.
- (45) The two *Bhikkhu* friends.
- (46) Important Instruction of Sun Lun Sayadaw U Kavi.