Histories of Burma is a set of three books which provides an introduction to key history skills. It also provides a critical and reflective study of many aspects of Myanmar history. It focuses on themes from history that might be overlooked in more standard, chronological history textbooks. Students read text from original source documents, think about how those documents can be interpreted and explore how different interpretations influence our ideas about the past.

These books cover areas such as: politics, women, young people, revolution, colonisation, ethnic self-determination, religion and economics.

This course comprises three main sections: a student's book, a teacher's book and a sourcebook. The sourcebook provides the documents and extra resources the students need to complete the exercises and to help them understand the many perspectives in Myanmar history.