

CONTENTS		
No.	Particulars	Page
1.	Short Biography of the Venerable <i>Mahāsī</i> Sayadaw	I
2.	Foreword To Second Edition by Dr. Tint Soe Lin President	A
3.	Foreword - by <i>Mahāsī</i> Sayadaw	C
4.	Preface- by Myan Aung U Tin	I

PART ONE
CRITICISMS AND REPLIES

5.	Momentary Concentration and Purification of Mind by <i>Kheminda Thera</i>	1
6.	Momentary Concentration A Rejoinder-I by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	17
	- Two Contemplations	19
	- Purification of Mind - Letter to the Editor by R.L. Soni	28
7.	Momentary Concentration A Rejoinder -II by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	30
	- Regrettable	33
	- First <i>Jhāna</i>	36
8.	Momentary Concentration: Reply to A Rejoinder I-I by <i>Kheminda Thera</i>	42

9.	Momentary Concentration: Reply to A Rejoinder I-II by <i>Kheminda Thera</i>	55
10.	Momentary Concentration: Reply to A Rejoinder II-I by <i>Kheminda Thera</i>	71
11.	Momentary Concentration: Reply to A Rejoinder II-II by <i>Kheminda Thera</i>	86
12.	Momentary Concentration: Reply to A Rejoinder II-III by <i>Kheminda Thera</i>	100
13.	Momentary Concentration: Reply to A Rejoinder II-IV by <i>Kheminda Thera</i>	114
14.	Momentary Concentration: Reply to A Rejoinder II-V by <i>Kheminda Thera</i>	130
15.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-I by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	146
16.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-II by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	161
17.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-III by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	176
18.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-IV by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	191
19.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-V by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	202

No.	Particulars	Page
20.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-VI by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	215
21.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-VII by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	225
22.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-VIII by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	233
23.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-IX by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	243
	- <i>Satipaṭṭhāna Vipassanā</i>	245
24.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-X by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	261
25.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-XI by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	274
26.	Momentary Concentration: Rebuttal of Reply to Rejoinder I-XII by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	282
27.	Momentary Concentration: Rebuttal of Reply to Rejoinder II-I by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	292

No.	Particulars	Page
28.	Momentary Concentration: Rebuttal of "Reply to Rejoinder" II-II by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	301
29.	Momentary Concentration: Rebuttal of "Reply to Rejoinder" I-III by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	315
30.	Momentary Concentration: Rebuttal of "Reply to Rejoinder" I-IV by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	328
31.	Momentary Concentration: Rebuttal of "Reply to Rejoinder" II-V by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	337
32.	Momentary Concentration: Rebuttal of "Reply to Rejoinder" II-VI by Sayadaw <i>U Nāṇuttra Agga Mahā Paṇḍita</i>	349

PART TWO
RISING AND FALLING OF THE ABDOMEN
PROPER OBJECT OF CONTEMPLATION

33.	Creative Meditation and Multi-Dimensional Consciousness (Author- Lama Govinda) Chapter 5 The Foundations of Mindfulness	362
34.	Croespondences: Mr. Chris Farny and Myan Aung U Tin	370