

## Knowledge About Dreams

by Ashin *Kuṇḍalābhivamsa*

People who have dreams want to know the consequences of the dreams. That is whether the dream will bring beneficial or bad results, and whether it will come true or not. Thus, they have to ask elderly people or knowledgeable people. The elderly or knowledgeable persons can give answers only according to their experiences. Sometimes they are satisfied an answered, but sometimes, they are not. People who have long dreams need to recount their dreams on whether it will bring good or bad results, and whether it will come true or not. Also they are doubtful about their dreams and their minds are not at ease.

Those who have such doubts, while practising *vipassanā* meditation, may have no progress of *vipassanā samādhi* knowledge. That is why facts about dreams are written so as to make one's mind be at ease. Articles have been written and discourses have been given on dreams. However, as it is only a brief account on dreams, it is not quite complete. The intention to write a complete version of the booklet had thus arisen. In informing the devotees about it, they requested to write on it, and this booklet on "Facts About Dreams" come to be written.