CONTENTS

CONTENTS		(j) Those who do not have alms-bowl and three robes cannot	34	(z) Concerning the alms-bowl	67
	1		600	(aa) How to put up Adhitthana on the alms-bowl	68
	Pag	(k) The 5 characteristics required for a successful ordination	35	(ab) How to put up Vikappana	68
Preface by the Sayadaw U Kundalabhiyamsa	1	(k) The 3 Characteristics required for a sec-	37	(ne) How to cure when it exceeds 10 days	69
Translator's note	2	Chapter 3. Fulfilling the Sila-Sikkhāpada (a) Instruction for the use of four dependable requisites	37	(ad) How to go for desana instruction to cure the Apatti	70
Chapter 1. Initiation of novicehood (Sāmaņera)	6	(a) Instruction for the use of four dependance requisites	39	(ae) Sikkhāpadas when infringed, entail desanā instruction to	71
(a) Meaning of Dullabha		(b) Requesting for his fancy can cause the lost of respect and decline	43	cure	V 6672
(b) Ordination is allowed only with the consent of the parents	10	(c) Four types of usages in the Sasana	44	(af) How to Kappi	72
(c) When to initiate with or without the consent of the parents		(d) To review whenever using the four dependable requisites	46	(ag) Sikkhāpadas when infringed, entail the separate confes-	76
(d) The procedure for shaving off the hair of the Dullabha postulant	13	(e) To review in summary before dawn	47	sion of the offence to cure it	11/25
(e) How to hand over the robes to the Upajjhayacariya	15	(f) To exercise caution when receiving food offerings	101-5-200	(ah) Sikkhāpadas for the cultivation of conduct which are	76
(f) How to ask back the robes from the Upajjhayacariya	15	(g) The 5 conditions necessary for the completion of receiving the	47	graceful and worthy of respect	70
(g) Offences which will break the ten Sīla-sikkhāpadas of a	20	food and medicine	49		85
sāmaņera		(h) Four different periods for using the food and medicine	50	(ai) Sikkhāpadas for settling the disputes	85
(h) Combination of two sikkhapadas and separation of two	20	(i) To know the break of dawn	51	(aj) Indriya Samvara Sīla	3.57
síkkhāpadas		(j) Explanation of Catu parisuddhi Sila	1023	(ak) Ajīva pārisuddhi SiTa	86
(i) Concerning the "Uccasayana-mahasayana" -sikkhapada	22	(la) Sibblanadas when infringed, entail expulsion from the Order	52	(al) Paccaya sannissita Sīla	86
(j) Concerning the "Jatarupa-rajata-patiggahana" - sikkhapada	22	(1) Sikkhānadas when infringed, entail the formal meeting of	53 6.	Chapter 4. Vipassanā Bhāvanā	88
(k) Things that a monk cannot touch	23	twenty members of the Sangha for their exoneration	200	(a) Vipassanā meditation	88
(I) Those who cannot be ordained	24	(m) Sikkhanadas when infringed, entail one of the three Apatits	54	(b) How to note the Kaya	90
(m) The meaning of "Upajjhāya"	25	(n) Sikkhāpadas when infringed, entail the monk to give up the	55	(c) How to note while walking	91
(n) The 5 benefits of cultivating the graceful behaviours	27	things for exponeration	32000	(d) From step by step motion to "rising, passing away"	94
Chapter 2. The Higher Ordination of monk	28	(a) How to put up Adhitthana on the robes and clothings	56	(e) Detailed noting	96
(Upasampadā-kamma)	20	(p) How to discard and correct when it is over 10 days	58	(f) How to note while eating	97
(a) Requirement of permit from the Sangha assembly	28	(q) How to put up Vikappana on a robe	59	(g) How to note the Vedana	98
(b) Those who are with disease cannot be ordained	29	(r) How to put up Vikappana on many robes	60	(h) How to note the thoughts	101
(c) Those who are not human being cannot be ordained	29	(s) Ticivara Adhitthana	60	(i) Dhammanupassana - how to note the mind objects	101
(d) Those who are not male cannot be ordained	30	C. T Tiguere Adhitthana	61 7.	Conclusion	104
(c) Those who are slaves cannot be ordained	30	(t) How to put up rictvara Adminiana (u) How to set down the Adhitthana	62/8,	Acknowledgement	105
(f) Those who are in debt cannot be ordained	32	(v) Eight situations where Adhitthana on the robes can be spoiled	63 9	Dedication by the donor	106
(g) Those who are not exempted from the government service	32	(w) Concerning the request of a monk to the devotees who are not	63 10	Quick Reference from Pali to English Language	107
cannot be ordained		(w) Concerning the request of a monk to the development	108		
(h) Those who have not obtained the permission from their parents	33	related to the monk	63		
cannot be ordained		(x) When a monk is allowed to request	65		
(i) Those who are under twenty years of age cannot be ordained	33	(y) How a monk rejects the gold, silver and cash donations	E 1/232		