The noble wish May the teaching of the Buddha prosper, promote and spread through personal learning and gift of Dhamma as well. May you be free from dangers, be able to live long, to enjoy good health and happiness. May you be free from the misery of Apaya, the realm of utter misery. May you be able to enjoy the bliss of human beings Devas and Brhmas by means of the power of contemplation on the virtues the Buddha, the merit of Buddha nussati. Ashin Eindaka, Nyaung Kanaye Sayadaw	Contents 14 Making Obeisance 10 15 The Prayer 13 16 Nine Points of the Prayers 14 17 The Four Apayas 15 17 The Four Apayas 15 16 The Prive Enemies 16 The Five Enemies 17 The Four Misor of Okasa 2 21 Four Misor of Losses 17 Four Massi Version of the Supplication 4 23 62 Wrong Views (Miccha ditthi) 18 18 The Three Repeated 5 25 Okasa Supplication 20 Part II Solicitation for the Precepts 20 Part II Solicitation for the Precepts 21 Paying Homage (Puja) 9 3 Taking Three Refuges 26 The Buddha Way 29 13 Be humble 9 5 Taking the Eight Precepts 35 Taking the Eight Precepts 35	Part III (Points of Notes) 1. The Disadvantages of Not keeping the five precepts. 2 Ten kinds of Misconduct and Human world. 43 3 Ten Kinds of Good Conduct and Human world. 44 4 Ten Ponnakiriyavathu in our Daily Life. 45 Part IV (The Virtues of the Three Jems) 1 Devotion and veneration to the Nine Attributes of the Buddha veneration to the Six Attributes of the Dhamma 3 Devotion and veneration to the Nine Attributes of the Dhamma 3 Devotion and veneration to the Nine Attributes of the Buddha 47 2 Devotion and veneration to the Nine Attributes of the Dhamma 3 Devotion and veneration to the Nine Attributes of the Buddha 47 48 49 40 40 40 40 41 40 41 41 41 41 41 42 43 44 44 45 46 47 47 48 48 49 40 40 40 40 41 40 40 41 41 41 41 41 41 41 41 41 41 41 41 41	Sr No. Particulars Page No. Sr No. Particulars Page No. Particulars Page No. No. Particulars Page No. No. Particulars Page No. No. Particulars Page No. No. Particulars Page No. No. Particulars Page No. Particulars Page No. Particulars Page No. Particulars Page No. Particulars Page No. Particulars Page No. Particulars Page No. Particulars Page No. Patticulars Page No. Pa	Sr No. Particulars Page No. Sr No. Particulars Page No. Page No. Particulars Page No. Patticulars Page No. Page	The story of Man Ponna and Woman Uttrara to show the Virtue of Anuttaram Ponnakhitten Lokassa & of samgha - Mud turned into gold. The Author The Author 255 7 The Author
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