

Mottos

- ❖ When an object (*ārammana*) strikes at the respective sensitivity, there arises the consciousness (*viññāṇa*).
- ❖ Eye-sensitivity and visible object are the two *rūpa dhammas*.
Eye-consciousness, contact and feeling are the three *nāma dhammas*.
While seeing, the truth of suffering can be known by noting seeing, seeing.
- ❖ On seeing, if not mindful, one will go round the *saṃsārā*.
On hearing, if not mindful, one will go round the *saṃsārā*.
On smelling, if not mindful, one will go round the *saṃsārā*.
On tasting, if not mindful, one will go round the *saṃsārā*.
On touching, if not mindful, one will go round the *saṃsārā*.
On thinking, if not mindful, one will go round the *saṃsārā*.
- ❖ On seeing, if mindful, one's *saṃsārā* will be terminated.
On hearing, if mindful, one's *saṃsārā* will be terminated.
On smelling, if mindful, one's *saṃsārā* will be terminated.
On tasting, if mindful, one's *saṃsārā* will be terminated.
On touching, if mindful, one's *saṃsārā* will be terminated.
On thinking, if mindful, one's *saṃsārā* will be terminated.

Purejāta Paccayo

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